




September

2023

Project Officers on the Road: See you in the first quarter of FFY 24

CDPH CFHL Project Officers (POs) will begin making site visits to each LHD in every federal fiscal year (FFY), starting with FFY 24. The purpose of these visits will be to capture the status of CFHL activities with a focus on policy, systems, and environmental change efforts and to gain a clear picture of work underway and work planned for the future.

The POs look forward to supporting LHDs by providing programmatic and administrative technical assistance. Getting a snapshot at the beginning of each fiscal year will assist CDPH in identifying common challenges and successes, while supporting program planning, training, and resource needs.

For any questions, please contact your assigned PO 

New Videos for Family Child Care Homes Highlight What and How to Feed Young Children

The University of California's Nutrition Policy Institute (NPI) recently released brief training videos to aid family child care home providers in promoting proper nutrition among young children. Current California law mandates only an hour of nutrition training for child care providers licensed after 2015, omitting over 30,000 providers who care for nearly 310,000 children.

To address this gap, NPI has unveiled seven brief videos, each under 60 seconds, in English and Spanish. These videos, which can be freely used by educators, align with evidence-based recommendations for what and how to feed infants and toddlers. They

were developed for the one-hour online trainings, "Infant and Toddler Feeding Recommendations for Family Child Care Home Providers."

While California providers can access the trainings for free, those outside the state can access them for \$15. Each training concludes with a completion certificate. The University of California (UC) Nutrition Policy Institute collaborated with the UC San Francisco California Childcare Health Program, UC San Francisco's School of Nursing, UC Cooperative Extension, and UC Agriculture and Natural Resources (ANR) News and Outreach in Spanish for this project, supported by a UC ANR grant. 🧩



CalFresh Healthy Living Training Resources

Training Update

Check out the CDPH [Training & Events webpage](#) for the latest training information and calendar of scheduled events.

CalFresh Healthy Living 2023 Forum (Hosted by CDSS) October 23-25, 2023

CalFresh Healthy Living Statewide Training Resources

For information regarding CalFresh Healthy Living Statewide Training events and resources, email CFHLStatewideTraining@leahspantry.org.


- [CalFresh Healthy Living Statewide Training Resources](#)
- [CalFresh Healthy Living Statewide Training Learning Platform](#) 🧩

Childhood Obesity Communications Toolkit – Conversation Starter for Your Community



In 2021, Champion Provider Fellows and Local Health Departments came together to discuss concerns about the health of their communities. As a result of these discussions, a toolkit was created as a strategy to foster community dialogue and to develop potential solutions for emerging health issues. Use the toolkit to spark conversations that will inspire positive change in your community!

The [Childhood Obesity Communications Toolkit](#) includes a video, a tipsheet, and a variety of additional resources. Download the toolkit [here](#).

Contact the Champion Provider Fellowship team at championprovider@ucsf.edu with questions about the toolkit or about the Fellowship. 


Garden and Agriculture-Based Learning Opportunities for Educators

Garden-based Learning Workshops

Life Lab, a national leader in the **garden-based learning** movement, will host workshops for educators to share tools and inspiration for engaging youth in garden and farm-based learning. Information about the upcoming workshops is provided below. For more details, visit the [Life Lab website](#).

October 12, 2023

Plant to Plate Workshop

Make the connection from seed to table in this fun and delicious workshop. Using tried-and-true Life Lab lessons and recipes for grades K-8, participants explore effective ways to teach nutrition and encourage kids to eat more fruits and vegetables through hands-on activities with food, including harvesting and meal preparation. 

Nutrition Policy Institute

General Announcements

UPCOMING DEADLINES:

FFY 24 CalFresh Healthy Living Adult Survey opens October 16, 2023, coinciding with PEARS FFY 2024 opening day.

All resources are available on the Adult Direct Education Evaluation website.

FFY 24 Eating and Activity Tool for Students pre-testing (IOE) should take place by end of October.

All resources are available on the Impact Outcome Evaluation website. If you do not think you can meet this deadline, reach out to Amanda Linares (amlinares@ucanr.edu)

LHD Activity Checklists (LACs) – due September 30, 2023

The end of the fiscal year is fast approaching!

- Complete one for each site that has a submitted SLAQ

- Submission links found on SLAQ questionnaires webpage:

https://ucanr.edu/sites/SLAQ/SLAQ_Questionnaires/

- No need to review SLAQ responses

- This is a checklist of what you or your subcontractors worked on at the site. You can even include in-progress and other work being planned but not yet implemented. Use text fields to explain challenges.

- FAQs about completing the LHD Activity Checklist can be found on the SLAQ FAQ webpage: https://ucanr.edu/sites/SLAQ/FAQ/LHD_Activity_Checklist/

FFY 23 PEARS data soft closure - October 3, 2023 at 11:59pm

By this date, LHDs should:

1. Create all PEARS entries

2. Review all QA/QC issue files released by NPI in September

PEARS users can continue to review and edit FFY 23 PEARS data until the hard closure date (October 15).

FFY 23 PEARS data hard closure - October 15, 2023 at 11:59pm

LHDs must complete all FFY 23 PEARS data entry, review, and editing by this date.

FFY 24 PEARS data open - October 16, 2023 at 12:00am

On this date, LHDs may begin entering PEARS data for FFY 24 activities.

Note: LHDs should not enter any FFY 24 data until this date. Any data entry prior to this date will be tracked as part of FFY 23 reporting.

NEW RELEASES:

FFY 2024 SLAQs and the new School District OAQ are here!

We have updated all the Elementary School, Secondary School, Early Care and Education (ECE), Out-of-School Time (OST) and Retail SLAQs AND added our brand new School District OAQ!

- Access the Survey123, PDF and MS Word versions of these updated questionnaires on the SLAQ website: https://ucanr.edu/sites/SLAQ/SLAQ_Questionnaires/
- An overview of the changes made to the FY 2024 SLAQ can be found on our SLAQ resources page: <https://ucanr.edu/sites/SLAQ/Resources/>
- New OAQ questionnaires and materials can be accessed here: https://ucanr.edu/sites/SLAQ/OAQ_Questionnaires/

FFY 24 Eating and Activity Tool for Students Survey and Resources are now live! To assist with your FFY 24 Impact Outcome Evaluation project, all updated EATS resources are now available on the IOE website. Be sure to complete and turn in (amlinares@ucanr.edu) a Planning Worksheet before you begin surveying.

FFY 24 CFHL Adult Survey and Resources are now live!

To assist with your FFY 24 adult direct education evaluation, all updated CFHL Adult Survey resources are now available on the Adult DE Eval website.

SAVE THE DATES:

October 17, 2023 at 10am

Quarter 1 IOE Call

[Pre-registration](#)

Call/training info can always be found on the IOE Quarterly [Call Page](#)

December 14, 2023 at 11am

Next Evaluation Cross-Project Office Hours

Bring any questions about SLAQs, PEARS, IOE, or Adult Ed.

Register on the LHD Evaluation Cross-project [OHS webpage](#) 



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